



### **Special Instructions For Patients Receiving Anesthesia**

Please note that in most instances we require a consultation first to review your health history, decide on the most appropriate anesthesia, formulate a treatment plan with you or confirm your referring dentist's treatment plan, and then schedule you for surgery at a separate appointment. The following only applies if you are having surgery at the first appointment with a simultaneous consultation.

- Patients receiving sedation or general anesthesia must have NO FOOD OR DRINK, including water, at least 6 hours prior to surgery, unless otherwise instructed by Dr. Koos. Some medications may be continued, while others may need to be discontinued before your procedure and this will be discussed at your consultation.
- A responsible person must accompany you and remain in our office during your treatment. They must be able to drive you home. Do not plan on driving an automobile the day of your procedure.
- Any unmarried patient under the age of 18 must also be accompanied by a parent or guardian at the time of surgery AND consultation (or have written consent from them at the time of procedure).
- Please wear short sleeves or loose clothing with sleeves that are easy to push up.
- Please wear flat comfortable shoes that are easy to walk in, like flats or sneakers.